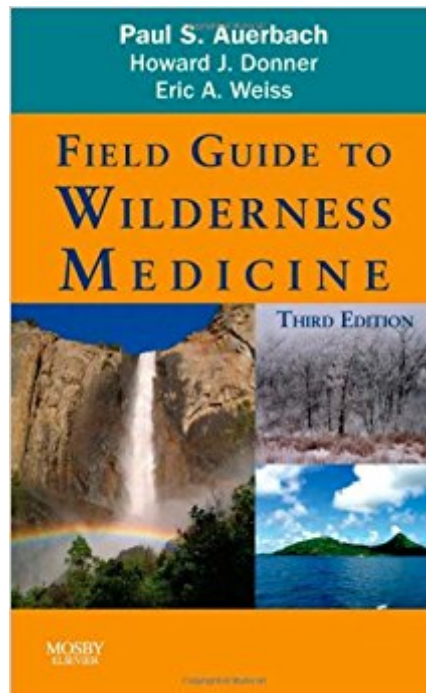




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# Field Guide To Wilderness Medicine, 3e



## Synopsis

Completely revised and updated, the new edition of this portable guide offers fast-access solutions to all of the medical situations that can occur in non-traditional settings. Based on Dr. Auerbach's critically acclaimed text *Wilderness Medicine*, 5th Edition, this handbook is packed with how-to step-by-step explanations and the latest practical advice on diagnosis and treatment—emphasizing ways of improvising care with whatever materials you have available. It's small enough to be carried in a car's glove compartment or in your backpack yet detailed enough to cover the clinical presentation and treatment of a full range of emergencies! Offers appendices that address everything from environment-specific situations to lists of essential supplies, medicines, and many additional topics of care, enabling you to meet a full-range of emergency situations with the utmost effectiveness. Includes line drawings along with a section of color plates that aid in the identification of skin rashes, plants, snakes, insects, and more. Provides Signs and Symptoms and Treatment sections in most chapters—combined with bulleted lists and text boxes—that facilitate quick and easy retrieval of information. Presents full chapter coverage of both animal attacks and zoonoses for handling life-threatening situations. Features peerless guidance in a portable format for consultation anywhere from the office setting to the open outdoors. Features a new appendix on jungle travel and survival, and new chapters on forest fires, bandaging and taping techniques, mental health, hydration and dehydration, malaria and more—equipping you to handle any emergency you might encounter in the wilderness. Includes more tips for improvisational care (eg, how to make a rigid litter using skis, poles, snowshoes, canoe paddles, or tree branches) to help you respond to wilderness and nontraditional emergencies with the materials that you have on hand. Presents thorough revisions to all previously existing chapters—ensuring that you have the latest knowledge at your fingertips.

## Book Information

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## Customer Reviews

Dr. Paul S. Auerbach, FACEP, FAWM, is the Redlich Family Professor of Surgery in the Division of Emergency Medicine at Stanford University School of Medicine. He is the world's leading expert on wilderness medicine and a prolific author. He is the Editor of *Wilderness Medicine*, and author of *Medicine for the Outdoors* and *Field Guide to Wilderness Medicine*. Dr. Auerbach holds his MD from Duke and completed his internship at Dartmouth and residency at UCLA. He is certified by the American Board of Emergency Medicine. He has been recognized as a Hero of Emergency Medicine by the American College of Emergency Physicians and received the New Orleans Grand Isle Award for Science from the Academy of Underwater Arts and Sciences, the Founders Award from the Wilderness Medical Society, and the Outstanding Contribution in Education Award from the American College of Emergency Physicians, among others. Dr. Auerbach has served as a volunteer physician in Haiti, Nepal, and Guatemala.

Wonderful book and expanded over last edition. Auerbach and his contributors have created a superb reference with up-to-date topics and treatments. Not only does it address just about every wilderness medicine topic conceivable, but also a few pages addressing search and rescue and survival. The book has a very complete index. My only negative is that the thin pages are easy to damage (but lighter) and overall size (922 pages) might not be great for tossing in your pack for a hike. Further, not the best reference for those who don't have medical training/ experience (it is written for medicine professionals). Overall if you have an interest in wilderness medicine, get this book. If you travel outdoors, take a course that addresses wilderness medicine, and then get this book! And the big book "Wilderness Medicine" by Auerbach is fantastic, as well!

I love my desk version, but the pages get soggy in high humidity. My tablet has a cute little waterproof baggie it lives in, with a silicone moisture-sucker, & now I can refer to my field guide without having to use a string of porters or pack mules to get my library to site with me. Invaluable

book, this, whilst travelling. Take the course first, the book won't make a lay person an expert.

Very good! A thorough and concise review of bush medicine. A must have for self-reliant folks.

As a physician I found this book very well written and informative. I also own the yellow page size hardcover Wilderness Medicine 7th edition by the same author which is my major reference. This paperback and kindle versions are superb for taking with you on trips. Highly recommended

Great reference for outdoor medical issues

Gift for MD son-in-law. He enjoys it very much. Great guide to have for wilderness adventures. First saw it in Africa.

Good

must read for hcp outside hospitals

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